



EASY ACTIVITIES
TOTALLY FREE
FOR HOTEL
GUESTS OF
"TERME&SPORT"

EASY ACTIVITIES

The Easy Activities are dedicated to persons or families who love active holidays and sports, but not in the "competitive" way. All the proposed activities have a low degree of difficulty, and aim to combine sport, culture and gastronomy.

PROGRAM 2019

| 1 April-21 June // 19 August – 25 October, 2019

Monday

THROUGH THE COUNTRYSIDE BETWEEN THE VILLAS - Bike VILLA BEMBIANA AND LA MONTECCHIA

> A very easy cycling route through the countryside and the hills that surround Abano Terme, reaching two impressive historic Villas. Break with wine tasting (€3 per person) in the local farm La Montecchia. Path completely flat, 17 km. Total duration of 2.5 hours.

Tuesday

THE HEART OF THE THERMAL BATHS AND THE MEDIEVAL VILLAGE - Trekking ARQUA' PETRARCA

> Moving in minivan up to Arqua Petrarca, we will see the thermal lake from where mud baths are taken. easy hike to walk from Arqua' Petrarca, one of the most' beautiful medieval villages in Italy. Return in minivan. Difference in altitude 70 m. Length 6 km, maximum duration 4 hours.

Wednesday

HISTORY MEETS THE EUGANEAN HILLS - Bike MONTE LISPIDA

> Bicycle tour along the route E2, passing through the castle Catajo to finally get to the mount Lispida, at the bottom of which lies the homonymous lake, and the Villa "Italia": two very important places for the history of all the area. Path completely flat. 28 km in 3.5 hours max.

Thursday

ART AND CULTURE - Bike PRAGLIA ABBEY AND VILLA DEI VESCOVI

> An easy bicycle route to discover two sites that are rich in artistic value and culture of the past, delightfully inserted in a landscape of great beauty. Visit the Abbey Praglia (free), in Villa Vescovi you can taste local wines. Altitude difference 40 m, 24 km. Total duration 4 hours max.

Friday

THE THERMAL SPRING, IN THE SHADOW OF THE MONASTERY - Trekking MONTIRONE AND SAN DANIELE

> Trekking tour from the historical source of Montirone in Abano Terme to the monastery of San Daniele, with a visit of the museum of the monastery, after having reached the summit of the mountain by following the easy hiking trail. Visit to the museum of the monastery (free entrance) Height Difference of 70 m. 6 km in 2.5 hours

FOR INFORMATION AND RESERVATION:

Ask your front desk or contact the agency Lovivo Tour Experience in pedestrian area ad Abano Terme, Viale delle Terme 107/B - Abano Terme T. +39 049 29 69 340 M. +39 333 99 45 2880 info@lovivo.it